

A Conversation on Confession

As we prepare to enter the season of Lent, we are asked to focus on acts of prayer, fasting, and almsgiving. At the core is us as Catholics seeking and striving to draw closer to God.

One such way of drawing closer to God and "mending fences" is the Sacrament of Reconciliation or Confession (I know what some of you are thinking "that's the one where we have to go into that small room and tell Father all the ways we messed up, right?"). Well...think of it rather as the beautiful sacrament where we bring our flaws, failings, and mistakes before our Heavenly Father and, through his intermediary, the priest, God showers us with His divine mercy and absolves us of those sins.

As a parent, I know I am so proud of my kids on the occasions when they make a mistake, realize their mistake, and come to my wife and me of their own volition to seek forgiveness (rather than the other occasions when mom and dad "suggest" that they should apologize to their sibling!) God wants to forgive us! And when we, after reflection, willingly and openly bring our failings before God, He is there with open arms.

This Lent, we will be sharing an ongoing series each week where fellow parishioners will share their thoughts on Confession. We hope that with these conversations you'll consider re-establishing, strengthening, or continuing your connection with this important sacrament.



Have you considered accepting God's invitation for Reconciliation recently?