

Let Justice and Peace Flow

Season of Creation Sept. 1 – Oct. 6, 2023

Celebrating Creation ... God's Great Gift of Love

Offered by the Laudato Si' Circle – a Creation Care Team Ministry at St. Patrick's Parish, Pelham, NH

Wk. 1 – Sept. 1 – 8: Let Justice and Peace Flow Like a Mighty River

Families/Individuals: Put the G (God) in your G(Awed) Walks! On your *G(Awed) Walk*, pray St. Francis of Assisi's *Canticle of the Creatures*. * Why not visit one of Pelham's Conservation Areas?

<https://www.pelhamweb.com/forestry-committee/pages/trail-maps>

Community: Sept. 1, 2023 Begin the Season of Creation by joining the online interfaith *World Day of Prayer for Creation* prayer service, *Let Justice and Peace Flow Like a Mighty River*. Zoom link TBA

Wk. 2 – Sept. 9 – 15: Renewing Our Vocation as Stewards

Families/Individuals: Read and try, "10 Ways You Can Make a Difference" (see over **)

<https://catholicclimatecovenant.org/resource/10-ways-you-can-make-difference>

Community: Saturday, Sept 9, 5:30 pm – 7:30 pm Potluck Dinner and the Movie – *The Letter: a Message for Our Earth* - followed by small group discussions at St. Patrick's School Bld. Classroom

Wk. 3 – Sept. 16 – 22: Implore God's Help/Ask His Pardon

Families/Individuals: Participate in confession or your own *Ecological Examen*. (see over ***)

Community: Tuesday, Sept 19, 6:00 pm *Eucharistic Adoration for Care of Creation*, with Fr. Von.

Wk. 4 – Sept. 23 – Oct 1: Thank God for His Handiwork

Families/Individuals: Focus your mealtime prayers on thanksgiving for Creation (see over ****)

Community: Sunday, Sept. 24 11:30 am -1:30 pm Parish Picnic's *Creation Care Corner for Families*

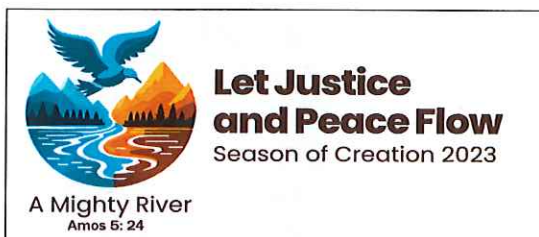
Wk. 5 – Sept 30 – October 6: Honor the Feast of St. Francis of Assisi

Families/Individuals: Pray the St. Francis of Assisi Novena. Go to ...

<https://cafod.org.uk/Pray/Prayer-resources/Novena-to-St-Francis>

Community: Saturday, Sept 30, 1:00 pm *Blessing of the Animals* with Fr. Von. Join him again on Thursday, October 5, 7:00 pm for the *Mass for Creation honoring the Feast of St. Francis of Assisi*. Close the Season with your own "mini-retreat", with "*The Way of Francis: Seeking Peace and Justice for All of Creation*". Go to this link:

<https://catholicclimatecovenant.salsalabs.org/feastofstfrancis2023pre-registration>



Receive Daily *Season of Creation Reflections* from the Creation Care Ministry of the Paulist Center, Boston.
To sign up go to ... seasonofcreationdaily.org

* See back page for prayers and resources *

For *Season of Creation* information go to seasonofcreation.org

* **Wk. 1 – What’s an “Awe Walk”?** It is an intentional way of walking/meditating ...
 “a walk within a place of meaning and beauty, where your sole (soul!) task is to encounter something that amazes and transcends, be it big or small.” https://ggia.berkeley.edu/practice/awe_walk



The Canticle of the Creatures by St. Francis of Assisi

Most High, all-powerful, good Lord, Yours are the praises, the glory, and the honor, and all blessing. To You alone, Most High, do they belong, and no human is worthy to mention Your name.

Praised be You, my Lord, with all Your creatures, especially Sir Brother Sun, Who is the day and through whom You give us light. And he is beautiful and radiant with great splendor; and bears a likeness of You, Most High One.

Praised be You, my Lord, through Sister Moon and the stars, In Heaven You formed them clear and precious and beautiful.

Praised be You, my Lord, through Brother Wind, and through the air, cloudy and serene, and every kind of weather, through whom You give sustenance to Your creatures.

Praised be You, my Lord, through Sister Water, who is very useful and humble and precious and chaste.

Praised be You, my Lord, through Brother Fire, through whom You light the night, and he is beautiful and playful and robust and strong.

Praised be You, my Lord, through our Sister Mother Earth, who sustains and governs us, and who produces various fruit with colored flowers and herbs.

Praised be You, my Lord, through those who give pardon for Your love, and bear infirmity and tribulation. Blessed are those who endure in peace for by You, Most High, shall they be crowned.

Praised be You, my Lord, through our Sister Bodily Death, from whom no one living can escape. Woe to those who die in mortal sin. Blessed are those whom death will find in Your most holy will, for the second death shall do them no harm.

Praise and bless my Lord and give Him thanks and serve Him with great humility.

**** Wk. 2. Ten Ways to Make a Difference**

1. Be energy efficient.
 2. Calculate your carbon footprint. Try the EPA [carbon footprint calculator](#)
 3. Adjust the thermostat.
 4. Adjust your driving routine. Combine multiple errands into one trip.
 5. Go meatless on Fridays. Livestock produces about 4% of US greenhouse gas
 6. Reduce, Reuse, Recycle
 7. Avoid single use plastics – use your own travel mug/cup and reusable shopping bags
 8. Use less water.
 9. Petition policy makers to take action on climate change.
 10. Join St. Patrick’s Laudato Si’ Circle - A Creation Care Team Ministry Contact Walter Bacigalupo walterpat@me.com or Julia Steed Mawson islandwork999@gmail.com
- Adapted from Catholic Climate Covenant <https://catholicclimatecovenant.org/resource/10-ways-you-can-make-difference>

***** Wk. 3 – An Ignatian Ecological Examen:**

1. I give thanks to God for creation and for being wonderfully made.

Where did I feel God’s presence in creation today?

2. I ask for the grace to see creation as God does – in all its splendor and suffering.

Do I see the beauty of creation and hear the cries of the earth and the poor?

3. I ask for the grace to look closely to see how my life choices impact creation, the poor and vulnerable. What challenges or joys do I experience as I recall my care for creation? How can I turn away from a throwaway culture and instead stand in solidarity with creation and the poor?

4. I ask for the grace of conversion towards ecological justice and reconciliation.

Where have I fallen short in caring for creation and my brothers and sisters? How do I ask for a conversion of heart?

5. I ask for the grace to reconcile my relationship with God, creation, and humanity, and to stand in solidarity through my actions. How can I repair my relationship with creation and make choices consistent with my desire for reconciliation with creation?

6. I offer a closing prayer for the earth and the vulnerable in our society.

<http://www.ecologicalexamen.org>

****** Wk. 4 – Mealtime Prayer of Gratitude for Creation**

Earth maker and Lord of all creation,
 we are mindful that this food before us
 has already been blessed by your sun, soil, water, and air.
 We pause to be grateful for these hidden treasures of life in this food.
 For this food and all of creation, your great gift of love, we thank you Lord.
 (Excerpted and adapted from *Food as A symbol* by Edward Hays).

