

# Sing Choirs of Angels ... Sing in Exultation.

## Testimonials on Adoration: What are fellow parishioners' experiences?

"In Adoration, I have met my best friend, my most intimate relationship and the exchange of love that is beyond my greatest expectations. I am given strength, confidence, love, joy, peace, and grace. I have come to the realization that there is no other place in the world that I can go that would compare to the gaze of Jesus in the Eucharist. I am refreshed and strengthened in the presence of Jesus."

–Anonymous

"Adoration has been something that has changed my faith life immensely. After being introduced to Adoration about two years ago, I try to make one holy hour each week. Sometimes that time is spent praying for specific intentions, reading a Catholic book, complete silence or praying the Rosary. But, sometimes, I've been able to hear God answering my prayers or guiding me in an area of my life that I've asked for help. I can only describe those times as some of the most intimate, loving, and joyful times in my life. Spending time with Jesus, face to face, is something I crave and look forward to weekly. It's such a blessing that we get to have that special time with Jesus to just be in His presence."

–Anonymous

"Aahhh Facetime with Jesus. For me, this is a time to reflect and really be present with Jesus. He is so present. Sometimes I can feel His presence and sometimes I can't, but I know He is there. It is a time for me to go deeper into scripture or to read that book about a saint or even ask Him to help me write a book about a topic He wants me to share. For the last six years, I have spent a minimum of one hour/week in Adoration. Typically, I spend 2-3 hours per week which allows me to find internal peace, express my gratitude to God for all He has provided and to allow Him to touch my heart and mind. Spending time with Him allows Him to adjust how I see situations and opens my heart to forgiveness and love. I like to journal during Adoration and write down insights He gives me while we are together. I like face to face meetings and being with people, so this gives me that face to face time with Jesus. It's like I get to hang out with my best friend for an uninterrupted hour. Unless, of course, my mind wanders. But He always brings me back. Sometimes I just snuggle up with Him and have fallen asleep in peace. When I arise, I feel recharged. There is no wrong way to spend time with Him (just try not to snore LOL). He is so happy to have you with Him. I hope that you will seek out this face-to-face time with Jesus and let Him love on you and fill you up."

-Linda Merrill

**Eucharistic Adoration is Offered Mon-Thur. 6:30-7:40 AM and on Wednesdays 8:30-9:30 AM and 2:00-9:00 PM**

**... Have you visited with Christ in the Eucharist this Advent?**