

Reflecting on Matthew 8:23-27

When reading Matthew 8:23-27 I came away with the message that God Restores Peace... Throughout life, we all experience our own stormy seas that sometimes feel like they'll never end; whether it's a personal, work, or family-related struggle.

Just as Jesus calms the stormy seas in this passage, He can calm the storms that exist in our lives and restore the peace in our lives. The disciples asked Jesus for help on the boat. Like the disciples, we need to ask Jesus for help, we need to ask Him to restore our peace.

It's not always easy to ask for help; sometimes, our pride or spitefulness can get in the way.

I know someone who was in spiritual desolation for months. During this period there wasn't any joy, passion for life, or zeal for God in their life. He had lost hope.

One day, this person was complaining and venting to God and asked, "God, why do you do this to me?" "Why won't you help me?" God responded with "just ask".

Out of spite, the person wouldn't ask God for help. He blamed God for his struggles and figured that he shouldn't have to ask for help, since God already knows everything and can do anything.

After another week of spiritual desolation, he finally asked God to help him, to pull him out of this desolation. The very next day he was in a state of consolation. The joy, passion for life, and zeal for God returned to his life. God restored his peace... He just had to ask. He had to overcome his pride and spitefulness and ask God for help.

This Gospel reading also reminds us that God can do anything. Outside of creating the entire universe out of nothing, he has given us so many other miracles. God provides us with these miracles to reinforce our faith and conviction, so that we believe in His ability to do anything. So, it's important that we ask God to restore the peace in our lives with the confidence and conviction that we know He can always deliver, with the confidence and conviction that God can do anything; because we know that God can do anything.

This Gospel serves as a good reminder that God can and wants to restore the peace in our lives, and like the disciples did, we just need to ask Him.